

BUILD YOUR OWN OPTIONS

BREAD:

CIABATTA *210 cal*
WHITE *158 cal*
WHEATBERRY *190 cal*
HOAGIE *260 cal*
TOMATO WRAP *290 cal*
SPINACH WRAP *330 cal*
JALAPENO WRAP *300 cal*

MEATS:

3 oz serving

SMOKED TURKEY *75 cal*
BLACK FOREST HAM *90 cal*
PEPPERONI *68 cal*
BACON *86 cal*
GRILLED CHICKEN *75 cal*
CHICKEN SALAD *145 cal*
TUNA SALAD *159 cal*

MAKE IT A COMBO 2.00

(Chips & Can Soda)

EXTRA MEAT	2.00
EXTRA CHEESE	1.00
BAG OF CHIPS	1.15
CAN SODA	1.35